Expiration July 1, 2022

The Minnesota JCC(Minneapolis, MN) is hiring lifeguards for the summer! Positions can become yearly if candidate is interested.

EXOS is a leader in the field of human performance, a category it created more than 20 years ago. For two decades we’ve stood side by side with the very best, coaching individuals, teams, and communities to higher levels of performance. And we’ve done it all by pioneering and leveraging sports science and proprietary tools across mindset, nutrition, movement, and recovery.

Today, EXOS employs more than 4,000 people in over 400 locations worldwide. With award-winning facilities, sports medicine clinics, technology, and services, EXOS connects people to the solutions they need. We provide comprehensive game plans, regardless of skill and sport, based on time-tested fundamentals and research in order to help people take control of their health and performance. EXOS is trusted by hundreds of clients including leaders in business, technology, health, community organizations, and world champions in sports. Now we’re leaning into our rich heritage to move the brand forward. In 2020, EXOS founder and president Mark Verstegen brought on industry vet Sarah Robb O’Hagan as CEO to lead the company into its next chapter.

Culturally, we promote and reward humility, one team and tenacity as some of our core values and we are committed to cultivating an inclusive work environment where all of our team members feel empowered to grow and bring their whole selves every day. We celebrate the diverse voices and perspectives of our team members, knowing that diversity of age, race, ethnicity, gender identity, sexual orientation, veteran status and national origin, among other social identities, drive innovation, belonging and fuel our work.

Seasonal Lifeguard

Job Description:

Responsibilities

We're seeking a Lifeguard to join our team. As our new Lifeguard you will:

Maintain watch over the pool area ensuring a secure and safe environment

Employ accident prevention by enforcing pool rules and regulations

Respond to all injuries, incidents, and emergencies as directed by club policy

Teach private & group swim lesson to kids and adults of all abilities

Assist in the development, implementation and marketing of innovative swim programs

Assist in the maintenance and cleanliness of the aquatics center

The Ideal Candidate would have:

Must be a minimum of 16 years of age

Current accredited Lifeguarding Certification or the ability to obtain the certification at the time of hire

Prior experience lifeguarding or teaching swim lessons

Current CPR/AED and First Aid certifications or the ability to obtain the certification at the time of hire

Physical Requirements:

Candidates applying for this position should be able to lift up to 50 pounds unassisted repeatedly throughout the workday

Frequent walking and demonstrating and assisting with exercise movements; bending, stretching, lifting, pushing, pulling and squatting are movements performed daily

Ability to be in water for long periods during the day

To prevent the infection and spread of COVID-19, and as an integral part of its public health and safety measures, EXOS requires that all successful applicants shall be required to show proof of full vaccination by an FDA-approved COVID-19 vaccine before beginning employment, unless an exemption from this policy has been granted as an accommodation or otherwise. Applicants believing they need an accommodation of this policy because of a disability, sincerely-held religious belief, or otherwise should inform People Operations after an offer of employment is extended; please do not include any medical, genetic, or religious information on your application materials.

Seasonal Swim Instructor

Job Description:

Responsibilities

We're seeking a Swim Instructor to join our team! As our new Swim Instructor you will:

Teach various levels and age groups in accordance with the sites instructional guidelines

Plan lessons, select appropriate drills, and evaluate the student’s progress

Present proper demonstrations and explain skills, analyze and correct performance, minimize fear, and use appropriate teaching devices

Maintain a safe and positive teaching environment

Attend all in-service trainings

Maintain accurate records and prepare course completion certificates

Perform all swimming strokes and skills taught in all levels

Effectively communicate each student’s progress either to the student directly, or to the student’s parents where appropriate

Project and promote a professional image

Explain and enforce facility regulations, policies, and procedures to patrons

Other tasks as assigned

The Ideal Candidate will have:

Current CPR/AED and First Aid certifications or the ability to obtain the certification at the time of hire

Current Red Cross Lifeguarding Certification or the ability to obtain the certification at the time of hire

Prior experience lifeguarding or teaching swim lessons highly preferred

Physical Requirements:

Candidates applying for this position should be able to lift up to 50 pounds unassisted repeatedly throughout the workday

Frequent walking and demonstrating and assisting with exercise movements; bending, stretching, lifting, pushing, pulling and squatting are movements performed daily

Ability to be in water for long periods during the day

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Assistant Aquatics Coordinator

Job Summary:

Job Description:

Responsibilities:

We're seeking an Assistant Aquatics Coordinator to join our team!

As our new teammate you will:

Work 25-30 hours in hands on, member facing roles including Lifeguard, Swim Instructor, or Coach

Administrative work for no more than 15 hours a week

Assist with schedule and supporting lifeguard team of 20-25

Work closely with the Aquatics Coordinator to recruit, hire, and onboard new team members

Assist with monthly inservices from planning to executing them

Serves as the manager on deck during programming or events

Maintain watch over the pool area ensuring a secure and safe environment

Employ accident prevention by enforcing pool rules and regulations

Respond to all injuries, incidents, and emergencies as directed by club policy

Assist in the maintenance and cleanliness of the aquatics center

Other duties as assigned

The Ideal Candidate will have:

Two to Three years of Lifeguarding experience

Current American Red Cross Lifeguarding Certification (basic level)

Current American Red Cross Lifeguard Instructor Certification or the ability to obtain the certification within 90 days of hire

Strongly Desired:

Previous experience in supervising staff

American Red Cross Lifeguard Instructor Trainer

Current CPR/AED and First Aid certifications or the ability to obtain the certification at the time of hire

Physical Requirements:

Candidates applying for this position should be able to lift up to 50 pounds unassisted repeatedly throughout the workday

Frequent walking and demonstrating and assisting with exercise movements; bending, stretching, lifting, pushing, pulling and squatting are movements performed daily

Ability to be in water for long periods during the day

To prevent the infection and spread of COVID-19, and as an integral part of its public health and safety measures, EXOS requires that all successful applicants at this location shall be required to show proof of full vaccination by an FDA-approved COVID-19 vaccine before beginning employment, unless an exemption from this policy has been granted as an accommodation or otherwise. Applicants believing they need an accommodation of this policy because of a disability, sincerely-held religious belief, or otherwise should inform People Operations after an offer of employment is extended; please do not include any medical, genetic, or religious information on your application materials.

Contact Mikaela Bagley at [Mikaelab@minnesotajcc.org](mailto:Mikaelab@minnesotajcc.org) or visit <https://www.teamexos.com/career/>

To apply!